



COMPETITION AND TECHNICAL RULE AMENDMENTS APPROVED BY WORLD ATHLETICS COUNCIL – September 2025
(to be in force immediately)

Legend:

xxx	(black print)	=	rule text
xxx	(blue strikethrough)	=	deleted
xxx	(red bold)	=	added to rule text
xxx	(green print)	=	interpretation notes
xxx	(green strikethrough)	=	deleted interpretation notes
xxx	(green bold print)	=	added to interpretation notes
xxx	(violet strikethrough)	=	text moved unchanged
xxx	(violet)	=	text moved unchanged

Competition Rules					
Rule	Action	Current	Amended	Reason	Comment
CR29		Call Room Judges			
CR29 green text	Add	... The Call Room Judges must ensure the athletes are in the correct heat, race or group and that they leave for the competition area in a timely manner in accordance with the Call Room schedule. Where possible, the schedule should be made available to the athletes and teams prior to the commencement of each day of competition.	... The Call Room Judges must ensure the athletes are in the correct heat, race or group and that they leave for the competition area in a timely manner in accordance with the Call Room schedule. Where possible, the schedule should be made available to the athletes and teams prior to the commencement of each day of competition. Where a Gathering Point is provided, all athletes shall report to this location. The Gathering Point shall be considered part of the Call Room, and all entry times shall be made available to the athletes and teams in advance. An initial check of athletes' bibs, bags, or other relevant items may be made at the Gathering Point. From the Gathering Point, athletes shall be escorted by appointed officials or volunteers to the main Call Room, where all remaining checks in accordance with the applicable Rules and Regulations shall be completed.	To reflect common practice	Editorial
CR31		World Records			
CR31.1	Amend	Except for Field Events conducted as provided in Rule 9 of the Technical Rules and competitions held outside the stadium under Rules 54 and 55 of the Technical Rules, no performance set by	Except for Field Events conducted as provided in Rule 9.4 of the Technical Rules and competitions held outside the stadium under Rules 54 and 55 of the Technical Rules, no performance set by	Consequential amendment to the amendment of TR9	Editorial

		an athlete will be ratified if it has been accomplished during a mixed competition.	an athlete will be ratified if it has been accomplished during a mixed simultaneous competition.		
CR32	Events for which World Records and World U20 Records are Recognised				
CR32	Amend	<p><i>Note (i): Except Race Walking and Road Mile competitions, World Athletics shall keep two World Records for women in Road Races: a World Record for performance achieved in mixed gender (“Mixed” or “Mx”) races and a World Record for performance achieved in single gender (“Women only” or “Wo”) races.</i></p> <p><i>In Race Walking, only one World Record is kept, and it can be achieved either in a Mixed or Women only race. In the Road Mile, only single gender World Records are kept.</i></p>	<p><i>Note (i): Except Race Walking and Road Mile competitions, World Athletics shall keep two World Records for women in Road Races: a World Record for performance achieved in mixed gender (“Mixed” or “Mx”) races and a World Record for performance achieved in single gender (“Women only” or “Wo”) races.</i></p> <p><i>In Race Walking, only one World Record is kept, and it can be achieved either in a Mixed mixed gender or Women only race. In the Road Mile, only single gender World Records are kept.</i></p> <p><i>For the purpose of this Rule, mixed gender races include mixed competitions under Rule 9.1 of the Technical Rules as well as simultaneous competitions under Rule 9.3 of the Technical Rules.</i></p>	Consequential amendment to the amendment of TR9	Editorial

Technical Rules					
Rule	Action	Current	Amended	Reason	Comment
TR3		Warnings and Disqualification			
TR3 - headline	Amend	Age and Sex Categories	Age, Male and Female Sex Categories	Consequential amendment to the recent amendment of TR3 (Male and Female Categories)	Editorial
TR9		Mixed Competition			
TR9 headline	Amend	Mixed Competition	Mixed Competition Classification	Consequential amendment to the recent amendment of TR3 (Male and Female Categories)	
TR9.1	Amend	Universal competitions such as relays or other team events in which men and women compete together or events in which men and women compete for a single classification are permitted in accordance with the applicable regulations of the relevant body.	Universal competitions such as relays or other team events in which men and women compete together or events in which men and women compete for a single classification are permitted in accordance with the applicable regulations of the relevant body. The following classification of results may be applied under these Rules: <ul style="list-style-type: none"> • Men's competition classification • Women's competition classification • Mixed competition classification where mixed competition covers events in which men and women participate together without separate classification of results as well as relay	Consequential amendment to the recent amendment of TR3 (Male and Female Categories)	

			<p>or team events in which both men and women are included in the same teams.</p> <p><i>Note: Mixed competitions are permitted in accordance with the applicable regulations of the relevant body.</i></p> <p>While male and female categories as defined in Rule 3 of the Technical Rules refer to the eligibility of athletes to compete, the competition classification as defined in this Rule 9.1 of the Technical Rules refers to the classification of results. There may be a classification for Men only, for Women only or a mixed classification.</p>		
TR9.2	Add		<p>Athletes may be classified in the Men's or Mixed competition classification if they are eligible to compete in the male category under Rules 3.3 and 3.4 of the Technical Rules. Athletes may be classified in the Women's or Mixed competition classification if they are eligible to compete in the female category under Rules 3.3 and 3.4 of the Technical Rules.</p> <p>In mixed competitions, male and female athletes compete for a single classification of results.</p>	Consequential amendment to the recent amendment of TR3 (Male and Female Categories)	

TR9.3	Add		<p>Simultaneous Competition</p> <p>9.3 Simultaneous Competition covers events in which men and women participate together with separate men's and women's classification of results.</p>	Consequential amendment to the recent amendment of TR3 (Male and Female Categories)	
TR9.4 (previously TR9.2)	Amend	<p>Other than under Rule 9.1, for all other competitions held completely in the stadium, mixed events between male and female participants shall not normally be permitted. However, the following may be permitted:</p> <ul style="list-style-type: none"> in competitions under paragraphs 1. (a), (b), (c) and 2. (a), (b), (c) of the World Rankings Competition definition in Field Events if permitted by the applicable regulations, in competitions under paragraphs 1. (d), (e) and 2. (d), (e) of the World Rankings Competition definition always in Field Events and if specifically permitted by the relevant Area Association in events per Rule 9.2.1 of the Technical Rules, in competitions under paragraph 3 of the World 	<p>Other than under Rule 9.1, for all other competitions Simultaneous Competition held completely in the stadium, mixed events between male and female participants shall not normally be permitted. However, the following may be permitted:</p> <ul style="list-style-type: none"> in competitions under paragraphs 1. (a), (b), (c) and 2. (a), (b), (c) of the World Rankings Competition definition in Field Events if permitted by the applicable regulations, in competitions under paragraphs 1. (d), (e) and 2. (d), (e) of the World Rankings Competition definition always in Field Events and if specifically permitted by the relevant Area Association in events per Rule 9.2.1 of the Technical Rules, in competitions under paragraph 3 of the World Rankings 	Consequential amendment to the recent amendment of TR3 (Male and Female Categories)	

		<p>Rankings Competition definition always in Field Events and if specifically permitted by the relevant National Member Federation in events per Rule 9.2.1 of the Technical Rules:</p> <p>9.2.1 mixed stadium competition in races of 5000m or longer but it is permitted only when there are insufficient athletes of one or both sexes competing to justify the conduct of separate races. The sex of each athlete shall be shown in the result. Such races shall not, in any case, be conducted so as to allow athletes of one sex to be paced or assisted by athletes of another sex.</p> <p>9.2.2 Field Events for men and women may be conducted simultaneously at one or more event sites. Separate result cards shall be used and results declared for each sex. Each round of trials of such events may be conducted either by calling all athletes of one sex followed by the other or by alternating them. For the purposes of Rule 25.17 of the Technical Rules, all athletes shall be regarded as if they were of the same sex. Where Vertical Jumps are conducted on a single event site, Rules 26 to 28 of the Technical Rules must be strictly applied,</p>	<p>Competition definition always in Field Events and if specifically permitted by the relevant National Member Federation in events per Rule 9.24.1 of the Technical Rules:</p> <p>9.24.1 mixed simultaneous stadium competition in races of 5000m or longer but it is permitted only when there are insufficient athletes of one or both sexes competing to justify the conduct of separate races. The sex of each athlete shall be shown in the result. Such races shall not, in any case, be conducted so as to allow athletes of one sex to be paced or assisted by athletes of another sex.</p> <p>9.24.2 Field Events for men and women may be conducted simultaneously at one or more event sites. Separate result cards shall be used and results declared for each sex. Each round of trials of such events may be conducted either by calling all athletes of one sex followed by the other or by alternating them. For the purposes of Rule 25.17 of the Technical Rules, all athletes shall be regarded as if they were of the same sex. Where Vertical Jumps are conducted on a single event site, Rules 26 to 28 of the Technical Rules must be strictly applied,</p>		
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		<p>including that the bar must continue to be raised in accordance with a single set of previously announced increments for the entire competition.</p> <p>The intent of Rule 9.2.1 of the Technical Rules is to facilitate the conduct of races of 5000m or longer, when small numbers of athletes of one or both sexes are entered. The intent of the Rule is not to provide opportunity for women to compete in races against men to achieve potentially better performance conditions.</p> <p>To be clear, mixed competition is:</p> <ul style="list-style-type: none"> a. permitted in all national competitions in Field Events and if specifically permitted by the relevant National Member Federation in races of 5000m or longer according to Rule 9.2.1 of the Technical Rules (No additional permission from an Area Association is required); b. permitted in competitions held under paragraphs 1. (d), (e) and 2. (d), (e) of the World Rankings Competition definition in Field Events and if specifically permitted by the relevant Area Association in races of 5000m or longer according to Rule 9.2.1 of the Technical Rules; c. not permitted in a competition held under paragraphs 1. (a), (b), (c) and 2. 	<p>including that the bar must continue to be raised in accordance with a single set of previously announced increments for the entire competition.</p> <p>The intent of Rule 9.24.1 of the Technical Rules is to facilitate the conduct of races of 5000m or longer, when small numbers of athletes of one or both sexes are entered. The intent of the Rule is not to provide opportunity for women to compete in races against men to achieve potentially better performance conditions.</p> <p>To be clear, mixed simultaneous competition is:</p> <ul style="list-style-type: none"> a. permitted in all national competitions in Field Events and if specifically permitted by the relevant National Member Federation in races of 5000m or longer according to Rule 9.24.1 of the Technical Rules (No additional permission from an Area Association is required); b. permitted in competitions held under paragraphs 1. (d), (e) and 2. (d), (e) of the World Rankings Competition definition in Field Events and if specifically permitted by the relevant Area Association in races of 5000m or longer according to Rule 9.24.1 of the Technical Rules; 		
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		<p>(a), (b), (c) of the World Rankings Competition definition unless in the case of Field Events the applicable regulations for the competition so provide.</p> <p>There are also restrictions on the recognition of World Records in mixed competitions – see Rules 31.1 (with reference to track races of 5000m and longer) and 32 (with reference to women’s road races) of the Competition Rules. Rule 32 of the Competition Rules Note (ii) provides guidance on how a women only race can be achieved (enabling a women only record to be set) in a situation where both men and women are or might be competing. (See also Rules 25.2 and 25.3 of the Competition Rules.)</p>	<p>c. not permitted in a competition held under paragraphs 1. (a), (b), (c) and 2. (a), (b), (c) of the World Rankings Competition definition unless in the case of Field Events the applicable regulations for the competition so provide.</p> <p>There are also restrictions on the recognition of World Records in mixed simultaneous competitions – see Rules 31.1 (with reference to track races of 5000m and longer) and 32 (with reference to women’s road races) of the Competition Rules. Rule 32 of the Competition Rules Note (ii) provides guidance on how a women only race can be achieved (enabling a women only record to be set) in a situation where both men and women are or might be competing. (See also Rules 25.2 and 25.3 of the Competition Rules.)</p>		
TR43	The Oval Track and Lanes				
TR43.1 green text	Add		<p>Performances achieved on an oval track with a nominal length other than 200m may count towards the Short Track results if the nominal length doesn’t exceed 201.20m (220 yards).</p>	To clarify that results achieved on tracks with a nominal length other than 200m may be acceptable.	Editorial
TR43.2 green text	Move		<p>To organise top level competitions, it will be useful to have a 6-lane track. The ideal width of the lanes of an oval Track should be 1m.</p>		Editorial

TR43.4 green text	Delete	An oval Track may be longer than 200m but any records for 200m or longer races would not be ratified.	An oval Track may be longer than 200m but any records for 200m or longer races would not be ratified.	Delete, as it contradicts CR31.13.2	Editorial
TR43.4 green text	Move	To organise top level competitions, it will be useful to have a 6-lane track. The ideal width of the lanes of an oval Track should be 1m.	To organise top level competitions, it will be useful to have a 6-lane track. The ideal width of the lanes of an oval Track should be 1m.	Belongs to TR43.2	Editorial
TR54	Race Walking				
TR54.8	Amend	The races shall be started by the firing of a gun, cannon, air horn or like device.	The races shall be started by the firing of a gun, cannon; or air horn or like device by initiating another distinctive and unambiguous start signal suitable for the relevant competition.	For clarity	Editorial
TR54.8 green text	Add		If not a gun, canon or air horn, the start signal shall be approved in advance by World Athletics.		Editorial
TR55	Road Races				
TR55.6	Amend	The races shall be started by the firing of a gun, cannon, air horn or like device.	The races shall be started by the firing of a gun, cannon; or air horn or like device by initiating another distinctive and unambiguous start signal suitable for the relevant competition.	For clarity	Editorial
TR55.6 green text	Add	As for middle and long distance Track Events, ...	If not a gun, canon or air horn, the start signal shall be approved in advance by World Athletics. As for middle and long distance Track Events, ...		Editorial

TR56	Cross Country Races				
TR56.6	Amend	The races shall be started by the firing of a gun, cannon, air horn or like device.	The races shall be started by the firing of a gun, cannon; or air horn or like device by initiating another distinctive and unambiguous start signal suitable for the relevant competition.	For clarity	Editorial
TR56.6 green text	Add		If not a gun, canon or air horn, the start signal shall be approved in advance by World Athletics.		Editorial