World Athletics U20 Championships Lima 2024 27 – 31 August 2024



Teams – Logistic Information (as at 01/08/24)

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TRAVEL TO LIMA

1.1 Official Airport and Arrival Information

Jorge Chavez International Airport (LIM) is the official Airport.

Arrival in Lima should primarily be on Sunday 25 August. Those teams planning to arrive prior to 25 August and/or leave after 1 September, are advised to contact the LOC well in advance to check availability of accommodation and transport arrangements.

After disembarking, teams will go through passport control. After collecting your luggage, please proceed to the World Athletics U2O Championships welcome desk. All teams will be met at the Welcome Desk located in Jorge Chavez International Airport and from there you will be escorted to the official vehicle and taken to your hotel.

Transport will be organised according to the arrival schedule announced in the Final Entries. Please remember to indicate in your Entries whether you will be arriving with poles (see 1.1 too), physio beds or any other oversized luggage so that the LOC can make the necessary transportation arrangements. A welcome desk will be located within the airport arrivals terminal. Clear signage and volunteers will identify the meeting points for transport collection.

The Journey times from the airport to the team hotels can be between 40 and 60 minutes.

Vaulting poles

Transportation of Poles: pickups will be provided directly by the LOC. Please ensure that your airline have confirmed the carriage of vaulting poles on the services you have reserved.

LOC transportation contact person is Anael AYAIPOMA who can be contacted via auaipoma@wau20lima24.pe

1.2 Entry Visas

Detailed entry visa information and the list of countries requiring a visa was circulated to Member Federations in Circular Letter M/19/24.

1.3 Insurance

All member federations are responsible for their own insurance to cover illness or injury to any member of their delegation or team, when travelling to and from World Athletics events and during the event.

Circular M/02/24 specifically dedicated to team insurance coverage for emergency medical costs during the travel and stay abroad for all athletes and officials at 2024 World Athletics Series competitions was issued on 12 February 2024.

2. ACCREDITATION

2.1 Team Accreditation Centres and opening dates and times:

The Team Accreditation Centres (TAC) will be located in:





Hotel Jose Antonio Deluxe

•	Saturday August 24th	09:00 - 19:00
•	Sunday August 25th	09:00 - 19:00
•	Monday August 26th	09:00 - 19:00
•	Tuesday August 27th	09:00 - 19:00
•	Wednesday August 28th	09:00 - 19:00
•	Thursday August 29th	09:00 - 19:00
•	Friday August 30th	09:00 - 19:00
•	Saturday August 31st	09:00 - 13:00

NM Lima Hotel

•	Saturday August 24th	09:00 – 19:00
•	Sunday August 25th	09:00 - 19:00
•	Monday August 26th	09:00 - 19:00
•	Tuesday August 27th	09:00 - 19:00
•	Wednesday August 28th	09:00 - 19:00
•	Thursday August 29th	09:00 - 19:00
•	Friday August 30th	09:00 - 19:00
•	Saturday August 31st	09:00 - 13:00

The LOC will be providing transportation for those staying in different hotels. The Timetables will be posted at each hotel Welcome desk.

All team members must have a valid identification document (same passport or identity card that was entered in EES) to receive their accreditation

WA/LOC Administrative Office

Hotel Jose Antonio Deluxe

•	24 August		13:30 - 19:00
•	25 August	09:00 - 13:00	/ 14:00 - 19:00
•	26 August	09:00 - 13:00	/ 14:00 - 19:00

• 27-30 August TBC

2.2 Accreditation Procedures and Payments

Team Leader

The Team Leader will have to report to the WA / LOC Office at the accreditation centre before collecting his card in order to complete the following formalities:

- LOC Accommodation Invoice
- Travel Reimbursement
- WA Financial Statement
- Statistics matters
- Bibs and Special Passes Collection
- Uniform Check

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The Team Leader will be asked to complete the accounting procedures and settle any extra payments (for team members above quota, use of single rooms, extra days, etc.) before collecting the accreditation card, which will be given upon the presentation of a document stating all procedures have been completed.

To shorten procedures and avoid delays, it is strongly advised to settle payment prior to arriving in Lima. The LOC Finance Team will get in contact with all teams about settling their accommodation invoice in advance of their arrival.

2.3 Quota and Financial Support

The financial Quota by Member Federation, and the financial support offered by WA / LOC, was detailed in Circular Letter M/19/24.

2.4 Athletes and Team Officials

All athletes and team officials will need to report to the Team Accreditation Centre to collect their accreditation card. An ID (e.g. passport) will be required to collect the accreditation card.

Team Leaders will need to complete the administrative procedure at the World Athletics and LOC office (see above 2.2) before proceeding to the Team Accreditation Centre to be issued with their accreditation.

In case of arrivals outside the opening times, accreditation formalities must be carried out the next day.

2.5 Special Passes

WA shall provide special passes as required for the following categories:

- Combined Events Rest Room (one per athlete for coach or physiotherapist)
- Medical
- Field Event Coach
- Post Event Area

2.6 Loss of Accreditation Card

Personal accreditation badge must be worn <u>around the neck</u>, with the individual photo and name clearly visible, at all times, and must be presented upon request. They are personal and non-transferable. The loss or theft of an accreditation card must be reported immediately to the accreditation centre or Competition Information Desk in the hotel. In order to obtain new accreditation, the person in question carrying an appropriate identification document, must request it personally.

Any Accreditation Card found being used by someone who is not its owner will be confiscated and its owner will be subject to sanction including possible ineligibility for his competitive participation in the Competition.

3.ACCOMMODATION

It is important to know that any damage to any rooms or hotel's fixtures, furniture, linen, towels, etc as well as any minibar consumption or use of extra services (room service, laundry, phone calls, etc) will be the sole responsibility of the occupier/Member Federation and must be paid to the hotel





prior to check out, as the LOC will not be responsible for any kind of damage charges or personal expenses.

If the occupier refuses to pay, the due amount will be deducted from the Member Federation's account directly.

3.1 Team Hotels

The LOC has arranged accommodation for all participants in 4* hotels:

HOTEL NAME	WEBSITE
PULLMAN SAN ISIDRO	https://www.pullmanlimasanisidro.pe/
NM LIMA HOTEL	https://www.nmlimahotel.com/en/
IBIS STYLES SAN ISIDRO	https://ibis-styles-lima-san-isidro.lima-hotels-pe.com/en/
HAMPTON BY HILTON	https://www.hilton.com/en/hotels/limhxhx-hampton-lima-san-isidro/
CASA ANDINA SELECT MIRAFLORES	https://www.casa- andina.com/en/destinations/miraflores/hotels/casa-andina-select- miraflores?partner=3514
JOSE ANTONIO DELUXE HOTEL	https://hotelesjoseantonio.com/hotel-jose-antonio-deluxe/
CASA ANDINA PREMIUM MIRAFLORES	https://www.casa- andina.com/es/destinos/miraflores/hoteles/casa-andina-premium- miraflores
HOLIDAY INN	https://www.ihg.com/holidayinn/hotels/es/es/lima/limmi/hoteldetail
HOTEL GRAND NOBILITY	https://nobilitygrandhotel.com-hotel.com/en/
J&A CLASSIC HOTEL	https://ja-classic.limaperuhotels.net/en/
RADISSON DECAPOLIS MIRAFLORES	http://radisson-decapolis-miraflores-hotel-lima.hotel-dir.com/en/

Мар:

 $\underline{https://www.google.com/maps/d/edit?mid=1ipNBVKUljW8ZSdAO0c7hvFnmqSzleAU\&usp=sharing}$

3.2 Team Hotels Cost

For all athletes in the quota the LOC will offer free accommodation in twin rooms during the official period (arrival on Sunday, 25 August – departing on Sunday, 01 September), for a maximum of seven nights. Single rooms will be charged a supplement as detailed below. **Any twin room in single occupancy will be charged as single room**.





All prices per person, per day in full board (in USD)	Official Period: 7 nights Check-in 25 August Check-out 1 September		Outside Off	icial Period
Category	Twin	Single	Twin	Single
Athletes within the quota	Paid by LOC	USD 40		
Athletes outside the quota and Team Officials	USD 110	USD 150	USD 120	USD 160

The number of officials that can be accommodated with the team at the above rates will be limited to a quota corresponding to 55% of the athletes (see chart in Appendix of Circular Letter M/19/24). An additional 25% of officials (up to an overall maximum of 80%) will be accommodated in the Team hotels <u>subject to availability</u>.

The accommodation invoices will be based on the accommodation information provided at the closing date for the Final Entries, with a tolerance of two persons. Payment of extra costs can be made:

The accommodation invoices will be based on the information (number of persons and arrival/departure details) provided on the Final Entries, with a tolerance of two persons. Payment of extra costs can be made:

- By credit card: MasterCard or Visa
- In cash: Peruvian Sol (PEN), Euro, US Dollars
- In advance bank transfer in this case please contact the LOC on <u>finance@wau20lima24.pe</u> to obtain bank information.

3.3 Team Hotels Check-in Procedures

Team Leader must report to the World Athletics Information Desk Accommodation Desk, which will be located in the hotel's main reception area, to complete the check in procedure. The accommodation team will confirm the rooming list as previously provided by the Member Federation in Event Entry System (see Circular 49/21) and then issue the room keys.

Once checked in, the Team Leader will be directed to the 'WA/LOC Administrative Office' to settle any outstanding payment. Once payment has been settled the Team Leader can collect his/her accreditation.

If other hotel services are required, the individual must scan the credit card at the main reception desk to activate these extra services (telephone, laundry, room service, etc.).

3.4 Services in the Team Hotels

Accommodation Desk

For any accommodation related additional queries related to check in, hotel registration and local transport the LOC Travel & Transport Team will be happy to assist you. Please contact them on teams@wau20lima24.pe

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Meeting Rooms

Rooms for meetings are available at team hotels. Rooms can be reserved via the Information Desk, subject to availability.

Rooms for Treatment (Therapy)

Rooms for Soft Tissue and Physiotherapy will be available within team hotels. Rooms can be reserved via Accommodation Desk, subject to availability.

Internet access

Wi-Fi will be available in all hotels.

3.5 Meals

Athletes and Team officials will be provided in the team hotel upon presentation of their Accreditation cards. All meals must be taken in the hotel where the team is accommodated. Meals will be served buffet style and will be similar in all hotels. Hotels will cater for religious and special dietary requirements.

Mealtimes during the official period shall be as follows:

Breakfast: 05:00 - 10:00
 Lunch: 12:30 - 15:30
 Dinner: 19:30 - 23:30

4. TRANSPORT

The LOC will be providing transport from each hotel to the training and competition venue.

The timetables will be posted at each hotel Welcome Desk.

The Journey Times from the team hotels to the training and competition venues are from 30 to 45 minutes.

5. MEDICAL SERVICES

5.1 General Plan

The LOC will provide medical services during World Athletics U20 Championships Lima 2024 in accordance with World Athletics Competition Medical Guidelines and the advice of the World Athletics Medical Delegate. Medical assistance and physiotherapy services will be available at all official event sites and further explained in this chapter.

Accredited athletes and Team Officials will have access to all LOC medical services during the official period of the competition, starting from the 25 August, until the 30 August. Non-emergency services will be available during specific hours, but in case of needing medical assistance outside of these working hours, the emergency phone number for an on-call physician will be provided. In case of needing medical assistance outside of the official period or for an emergency during the official period Emergency Medical Service will be available 24h under the usual service provision (call 112).

5.2 Key Phone Numbers

The National Medical emergency phone number is: 112





World Athletics Medical Delegate	Dr Paolo Emilio Adami	
LOC Chief Medical Officers	Dr. Jaime Moya	+51 995800850
	Dr Amparo Muñoz	+51 951309731
Ricardo Palma Hospital Main Contact	Dr. Jaime Moya	+51 995800850
Person		
Out of Competition Main Medical	Dr Amparo Muñoz	+51 951309731
Contact		
Director of Physio/Therapies		

An on call Medial Service is available for emergencies between Sunday 25th of August and Saturday 31st of August at any time. Patients be seen at Polyclinic or if needed hotel of patient. Mobile numbers:

Dr. Jaime Moya +51995800850 Dr Amparo Muñoz +51 951309731

Dr Danny Glover +44 7540794575 Wednesday to Saturday

Dr Andrew Murray +44 7791303980 Sunday

5.3 Medical Services in Team Hotels

Each hotel medical room and a physiotherapy room with treatment beds.

5.4 Arena and Warm Up Medical Services

During the official opening hours of the warm-up area, the medical services available:

- Emergency care (fully equipped ambulance)
- Physiotherapy
- Sport massage
- Sports medicine

Arena and warm-up medical services

During competition and training times (25th to 31st of August), the following services will be available from one hour before the arrival of the athletes, until 60 minutes after the end of the competition:

- Emergency services (one ambulance with medical doctor and nurse)
- Physiotherapy services

Athletes have priority to all services and exclusive access to physiotherapy and sport massage. Other categories (Team Officials, Technical Officials, Workforce) will have access to emergency medical services only.

FOP Medical Teams

One hour before the start of the competition until the end of the competition, 4 medical teams will be located at each corner of the track.

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5.5 Designated Medical Institutions

The main medical institution to provide care for the athletes is the Ricardo Palma Clinic. Elite EMS will provide ambulance service throughout the competition period.

- Clinica Ricardo Palma
- WX5J+RP2, Av. Javier Prado Este, Lima 15036, Peru I

5.6 Other Medical Information

Accredited persons have access to LOC medical doctors. Athletes also have access to sports massage, physiotherapy, podiatry, and other polyclinic services (for example diagnostic ultrasound machines). The above services are free of charge, while non-emergency treatment and advanced diagnostics come at a cost.

Pharmacy (Monday - Sunday)

There are numerous pharmacies within walking distance, with a wide range of stock and are experienced in helping professional athletes. A prescription can be gained from the polyclinic doctor.

Visiting Medical and Physiotherapy Teams

Athletes/ Teams who have brought their own doctors, or therapists will have designated space at each athlete hotel, and at the competition venue to provide these treatments.

Local Organising Committee doctors can facilitate prescriptions/investigations.

Medical License

Team doctors are allowed to provide medical care exclusively to their team members.

Medical Importations

While a wide variety of medications will be available at the event from the onsite medical team or by prescription, there will be some instances when team doctors will wish to bring medication for their team from outside of the Peru. Those wishing to do so are requested to contact both Peru Customs and their home country customs departments to ensure that the travel of such medications is permitted.

If bringing controlled drugs into Peru(such as morphine or fentanyl), documentation detailing proof of ownership must be prepared and may need to be presented at the Peruvian border. Details of this documentation and the list of controlled drugs can be found <u>here</u>.

Team healthcare personnel are responsible for the storage and safekeeping of their delegation's medicines and supplies. The Local Organising Committee and World Athletics is not responsible for, and shall have no liability relating to, or arising out of the storage or monitoring of the supplies and medicines by the team.

Vaccinations

There are no current restrictions and requirements due to COVID-19 or any other illness in Peru.

No Needle Policy

During the entire duration of the World Athletics Indoor Championships, any injection to an athlete's body of any substance:

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- 1. must be medically justified, to include physical examination by a certified medical doctor, diagnosis, medication, route of administration and appropriate documentation;
- 2. must respect the approved indication of the medication = no off-label administration or prescription;
- 3. must be administered by a certified medical professional accredited by the LOC, in an official medical facility of the event unless authorized by the World Athletics Health and Science Department Representative or Competition Medical Delegate

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4. administered by the Member Federation team physician in an official medical facility under the supervision of an LOC medical staff member unless authorized by the World Athletics Health and Science Department Representative or Competition Medical Delegate.

In either option, the administration must be declared and recorded by the LOC medical staff and the World Athletics Health & Science Department Representative using a specific form.

The World Athletics No needle Policy and the declaration form can be found in the list of exhibits.

6 DOPING CONTROL

Doping controls will be organised at the World Athletics U20 Championships in Lima 2024. They will be conducted in accordance with World Athletics Anti-Doping Rules and WADA's International Standard for Testing and under the supervision of a World Athletics Anti-Doping Delegate. Urine doping controls will be carried out in a Doping Control Station located at the competition venue.

Athletes will be notified of their selection by qualified and accredited doping control personnel. A Team Leader or Official may be required to help in notifying the athlete who may be accompanied by a representative to the sample collection station. A specific sample collection protocol will apply for athletes who are minors, in accordance with WA Anti-Doping Rules.

At the time of notification, the sample collection officer will present their accreditation and advise which sample is required. Athletes will then be chaperoned to the sample collection station where the sample will be collected. Official identification will be required before providing the sample, so athletes must ensure that they carry identification documents at all times (passport, ID card).

Should an athlete request a doping control for the ratification of an Area or a National record etc, such a test will be carried out for a fee at the request of a team official. A request for the record test will need to be completed at the Virtual Technical Information Centre (V-TIC) before the sample can be collected. Whilst the testing team will try to accommodate requests for additional doping controls for national/area record ratification, priority will be given to the doping controls planned for the event. World Athletics cannot guarantee that it will be able to accommodate all requests.

Athletes, who therapeutically use substances or methods included on the prohibited list, must ensure they have the appropriate authorisation in place before the Event, in accordance with the World Athletics Anti-Doping Rules.

https://www.athleticsintegrity.org/know-the-rules

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Outreach Programme

The Athletics Integrity Unit is organizing an outreach programme for athletes and athlete support personnel from the 26th of August to 31 August. At the Outreach booth – Athletics Integrity Hub - located at the competition stadium, the athletes and ASP will have the opportunity to participate in interactive educational activities, share their views and receiving goodies.

7. SAFEGUARDING

Member Federations will be asked to appoint a team official / delegate to be their Team Safeguarding Officer (SO). The SO will be the team's first point of contact for any safeguarding concerns in relation to Team Officials, Athletes and members of the Member Federation's delegation at the WU20 Lima 24. There will be a World Athletics Safeguarding Officer at the WU20 Lima 24 to provide support and guidance where necessary. Further guidance will be sent directly to SOs registered via the EES prior to the event. SOs will be asked to do the World Athletics' Safeguarding Essential Course prior to the event which can be found here https://worldathletics.org/athletics-better-world/safeguarding.

Team Safeguarding Officers will also be required to attend training session on safeguarding to assist them with their role.

Teams should ensure that appropriate safeguards are in place for their athletes when travelling to the event. This includes making sure that all athletes have correct travel arrangements, have met visa requirements, possess adequate finances and are aware of any other relevant issues such as suitable mobile phone coverage that may need to be addressed before departure. Athletes should travel as a group with their Team Safeguarding Officer whenever possible; if independent travel is necessary, appropriate additional safeguards should be put in place such as checking that the athlete has arrived safely at any stopovers and their final destination, including both the airport and hotel. It is important to ensure that any athletes travelling independently are provided with clear information about who to contact at their MF should there be any issues in relation to their travel arrangements.

Team Safeguarding Officers traveling with a group should take all appropriate measures to ensure that everyone arrives safely at their team hotel in Lima; if the group is large then it may be sensible to consider appointing additional deputy safeguarding officers to assist with ensuring everyone is appropriately supervised.

If there are any athletes under the age of 18 years old, Team Safeguarding Officers should ensure that these athletes are supervised more closely during the whole event. Whilst travelling, it may be necessary to have written consent from their parents and this should be carried by the Team Safeguarding Officer so that it can be provided on request. In Lima, athletes Team Safeguarding Officers should ensure that athletes under the age of 18 have appropriate accommodation arrangements (they are sharing with someone they feel happy with and is of a similar age and the same gender).





8. ATHLETES' EDUCATION ACTIVITIES & RESEARCH PROJECT

We are pleased to inform you of several activities and projects planned at the World Athletics U20 Championships in Lima. These initiatives are proposed to maximize opportunities for under 20 athletes and to support their development and well-being, by engaging, educating, and empowering them, both on and off the field. Key activities include:

- Athlete Booths and Interactive Stations: Multiple booths will be set up in a dedicated area of
 the stadium near the athletes' stands, offering resources and information on various topics such
 as safeguarding, anti-doping, medical advice, athlete representation, and career planning. Athletes
 will be able to navigate through engaging stations with interactive information on topics like
 athlete representation, the importance of Athletes' Commissions, and how to get involved in their
 Member Federation.
- Mini Conferences: Pilot mini-conferences are planned that will include short presentations and engaging Q&A sessions, covering important topics in 20-25-minute segments. The aim will be to provide core introductions to relevant subjects for both athletes and their entourage. These sessions are scheduled to take place on 26 and 31 August at the VIDENA sports complex, giving athletes multiple opportunities to attend.

These initiatives will focus on providing valuable knowledge and insights, with an emphasis on interaction, engagement, and practical support for the athletes. For any further information, please contact athleteseducationprogramme@wau20lima24.pe.

Additionally, we are pleased to announce an educational campaign and a cross-sectional study promoted by the Health & Science Department during the World Athletics U20 Championships in Lima. The study, named "Pelvic Floor Health in Athletics" will address the pelvic floor health and dysfunction among male and female athletes. This research aims to assess the prevalence of this condition in athletics and raise awareness while improving athletes' knowledge.

The athlete recruitment process for this study will take place on site, with data collected via an anonymous online survey specifically designed for the U20 population competing in Lima. While participation is voluntary, we encourage Member Federations to inform their medical staff and athletes about this opportunity to maximize involvement.

The results of this research will benefit the entire athletics community, and participants will receive an educational document on recognising symptoms and implementing prevention strategies, with access to advice from a health professional specialising in this field.

For any questions or for further information, please contact the World Athletics Health & Science department at healthandscience@worldtathletics.org.